

Argyll & Bute Health & Social Care Partnership

Integration Joint Board

Agenda item: 3

Date of Meeting: 16 June 2021

Title of Report: Chief Officer Report

Presented by: Fiona Davies, interim Chief Officer

The Integration Joint Board is asked to:

• Note the following report from the Chief Officer

## Introduction from Fiona Davies

I would like to thank everyone I have met over the last few weeks, both staff and from our partner organisations, for the warm welcome they have given me in my new role. It has been really appreciated.

I thought it would be helpful to include a short resume of my background in this Report. I am a Registered Mental Health Nurse, originally training in the early 1990s in Leeds and I then worked in London, North Wales and the south west of England in both clinical and senior management roles. This included the management of integrated health and social care services in a large mental health organisation.

More recently I worked in NHS Highland across remote and rural areas in clinical and professional leadership roles until taking responsibility for the Highland HSCP-wide Mental Health Services.

I am keen to learn and listen from staff about the HSCP as an organisation, the services we provide and the experience they have of delivering these services to the people of Argyll and Bute.

Now that lockdown has started to ease I have had an opportunity to get out and about a bit more and I have met with staff on Mull and Islay as well as meeting many of staff based at Lorn & Islands hospital and Lorn Medical Centre. I look forward to meeting many more of you over the coming months.

#### **Connections Sessions**

The HSCP is currently running a series of virtual staff events titled 'Connections' to provide an opportunity for staff to meet with senior leaders across the organisation. Each of the sessions is based on a particular theme, such as 'Ask

me Anything' and Courageous Conversations, and staff can come along to listen, participate and also ask any questions.

The IJB Chair and Deputy Chief Officer led our first event on 28 April and the Interim Chief Officer will be leading the session on the 23 June from 1.30pm-2.30pm and the theme will be 'Getting to Know You'.

These new Connections sessions have replaced the previous Chief Officer 'Tea and Chat' events and the overall programme will be tested up to the end of June.

## Staff Mindfulness Drop in Sessions

Colleagues in the Organisational Development Team have arranged a series of virtual mindfulness drop in sessions for staff every Monday and Thursday over the coming weeks.

These have been widely publicised to staff and there is also an opportunity to view a recent recorded session online so that staff can experience a taster of mindfulness before they attend one of the live events.

# Child Healthy Weight Programme

The HSCP has recently received additional funds from the Scottish Government as part of the Child Healthy Weight Programme. This is an initiative to tackle obesity levels in children through a series of interventions relating to nutrition, physical activity and health behaviour change.

The funds will be used to revamp the primary school based prevention programme in line with the new healthy eating in schools guidance and the dietitian team will be delivering training virtually to teachers as well.

The team are also redesigning their accompanying resources and intend to commission an interactive application (app) for use in both group and 1:1 programmes.

# Living well Networks

The HSCP funds a series of Living Well Networks (formerly called Health and Wellbeing Networks) across Argyll and Bute to help build health and wellbeing capacity within local communities. There are eight in total including Bute, Cowal, Helensburgh & Lomond, Kintyre, Islay, Mid Argyll, Oban and the Islands (Coll, Mull, Tiree, Colonsay and Iona).

Each of the Networks has their own dedicated co-ordinator who supports healthy living through linking in with the Third Sector, local communities and network members.

During the pandemic the co-ordinators, and their teams, worked very closely with the local Resilience Groups and the Caring for People team to help support

vulnerable members of the community through providing assistance with food, shopping, prescriptions, friendships, emotional support, social media and transport.

We would like to thank everyone involved in this work for their energy and dedication and for making a real positive difference for the people of Argyll and Bute.

#### **COVID Vaccinations**

We would like to thank all staff involved in the COVID vaccination programme, including our GP colleagues and their teams, for their ongoing commitment to delivering this programme as quickly and effectively as possible for the people of Argyll and Bute. They have been supported at all times by a wide range of different HSCP support staff and our thanks goes out to them as well.

Our vaccination teams are continuing to work down the priority list in line with the Scottish Government guidance and they have also been targeting hard to reach groups across Argyll and Bute as well.